What is claimed is:

1. A golf club for impacting a golf ball comprising:

a club head having a club face with a plurality of infrared sources, a plurality of infrared sensors, and indicators configurable to indicate club face alignment;

said sensors configured on said club head to receive infrared signals from said infrared sources and to transmit signals in response to said infrared signals received;

a filter means for blocking direct current signals transmitted by said infrared sensors; and

processing means for receiving filtered signals from said infrared sensors, for determining the club face alignment based upon the signals received;

and for activating said indicators to indicate club face alignment.

- 2. The device of claim 1 wherein said microprocessor is programmed to activate said indicators in an aligned or misaligned configuration for a predetermined period of time.
- 3. The device of claim 1 further including an impact sensor for generating a signal received by said microprocessor indicating club head impact.
 - 4. The device of claim 3, wherein said impact sensor is a sounder.
- 5. The device of claim 1, wherein said infrared sources are pulsed at a rate of 2-6 kilohertz.
 - 6. The device of claim 1, wherein said filter means is a capacitor.
- 7. The device of claim 1, wherein said infrared sources are pulsed at a rate of 4 kilohertz.
- 8. The device of claim 1, wherein said infrared sources are supplied additional power by a capacitor in communication with said infrared sources.

9. A golf club for impacting a golf ball comprising:

a club head having a club face with a plurality of infrared sources, a plurality of infrared sensors, and indicators to indicate club face alignment;

said infrared sources pulsed at a rate of 4 kilohertz;

said sensors configured on said club head to receive pulsed infrared signals from said infrared sources and to transmit signals in response to said pulsed infrared signals received;

filter means for blocking direct current signals transmitted by said infrared sensors;

processing means for receiving signals from said infrared sensors, for determining club face alignment and for activating said indicators to indicate club face alignment.

- 10. The device of claim 9, wherein said filter means is a capacitor.
- 11. The device of claim 9, wherein said processing means is a microprocessor.
- 12. A golf club for impacting a golf ball, comprising:

a club head having a club face with a plurality of infrared sources, a plurality of infrared sensors, and indicators configurable to indicate club face alignment;

said infrared sources pulsed at a rate of between 2-6 kilohertz;

said sensors configured on said club head to receiving pulsed infrared signals from said infrared sources and to transmit signals in response to said pulsed infrared signals received;

filter means for blocking direct current signals transmitted by said infrared sensors;

processing means for receiving signals from said infrared sensors, for determining club face alignment, and for activating said indicators to indicate club face alignment.

- 13. The device of claim 12, wherein said filter means is a capacitor.
- 14. The device of claim 12, wherein said processing means is a microprocessor.
- 15. A golf club for impacting a golf ball comprising:
 - a club head having a club face;
 - a plurality of infrared sources on the club face;
 - a first regulator for regulating the plurality of infrared sources;
 - a plurality of infrared sensors on the club face;
- a second regulator for regulating the bias current of the plurality of infrared sensors;
- a filter on at least one of said sensors for filtering received signals, said sensors being configured on said club head to receive infrared signals from said infrared sources;
- a processor for receiving filtered signals from said infrared sensors for determining the club face alignment based upon the signals received; and
- indicators configurable to indicate club face alignment activated by said processor.
- 16. The device of claim 15, wherein said plurality of infrared sensors comprises phototransistors.
- 17. The device of claim 15, wherein said regulator for the plurality of infrared sources comprises a voltage regulator for regulating the voltage applied to the plurality of infrared sources.
- 18. The device of claim 15, wherein said regulator for regulating the plurality of infrared sensors comprises a current regulator for regulating the bias current through the plurality of infrared sensors.